

# August 2018 Snack Menu

## Back to School



SJELC	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
<b>Morning Snack</b>	<ul style="list-style-type: none"><li>• diced cantelope</li><li>• raisin bread</li><li>• organic milk</li></ul>	<ul style="list-style-type: none"><li>• cheerios</li><li>• sliced banana</li><li>• organic milk</li></ul>	<ul style="list-style-type: none"><li>• mini bagels</li><li>• blueberries</li><li>• organic milk</li></ul>	<ul style="list-style-type: none"><li>• mini muffins</li><li>• applesauce</li><li>• organic milk</li></ul>	<ul style="list-style-type: none"><li>• strawberry yogurt</li><li>• diced strawberries</li><li>• organic milk</li></ul>
<b>Afternoon Snack</b>	<ul style="list-style-type: none"><li>• cheez-its</li><li>• juicy juice</li></ul>	<ul style="list-style-type: none"><li>• nutra-grain bars</li><li>• motts tots</li></ul>	<ul style="list-style-type: none"><li>• mini-saltines</li><li>• juicy juice</li></ul>	<ul style="list-style-type: none"><li>• teddy grahams</li><li>• mott's tots</li></ul>	<ul style="list-style-type: none"><li>• choc. chip cookie</li><li>• juicy juice</li></ul>

### ST. JAMES ELC IS A NUT-FREE ENVIRONMENT.

Please use [www.snacksafely.com/snacklist.pdf](http://www.snacksafely.com/snacklist.pdf) as a guide when choosing foods for lunchboxes and/or classroom parties.

NOTE: Organic Whole Milk served for Room 1 and Organic 2% milk served for Rooms 2 & 3.

Grapes, hotdogs, fish no longer permitted in Rooms 1 and 2. They are allowed in Room 3 as long as the parent dices them up into small pieces. This is a licensing rule and must be followed. Thank you for your cooperation in keeping the center as safe as possible!