

August 2019 Snack Menu

Back to School



SJELC	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays
Morning Snack	<ul style="list-style-type: none">• diced cantelope• raisin bread• organic milk	<ul style="list-style-type: none">• cheerios• sliced banana• organic milk	<ul style="list-style-type: none">• mini bagels• blueberries• organic milk	<ul style="list-style-type: none">• mini muffins• applesauce• organic milk	<ul style="list-style-type: none">• strawberry yogurt• diced strawberries• organic milk
Afternoon Snack	<ul style="list-style-type: none">• cheez-its• juicy juice	<ul style="list-style-type: none">• nutra-grain bars• motts tots	<ul style="list-style-type: none">• mini-saltines• juicy juice	<ul style="list-style-type: none">• teddy grahams• mott's tots	<ul style="list-style-type: none">• choc. chip cookie• juicy juice

ST. JAMES ELC IS A NUT-FREE ENVIRONMENT.

Please use www.snacksafely.com/snacklist.pdf as a guide when choosing foods for lunchboxes and/or classroom parties.

NOTE: Organic Whole Milk served for Room 1 and Organic 2% milk served for Rooms 2 & 3.

Grapes, hotdogs, fish no longer permitted in Rooms 1 and 2. They are allowed in Room 3 as long as the parent dices them up into small pieces. This is a licensing rule and must be followed. Thank you for your cooperation in keeping the center as safe as possible!